Karreine M. Clark

(Original Signature of Member)

117TH CONGRESS 2D SESSION

## H. R. 7073

To amend the Public Health Service Act to reauthorize a grant program for screening, assessment, and treatment services for maternal mental health and substance use disorders, and for other purposes.

## IN THE HOUSE OF REPRESENTATIVES

Ms.	CLARK of Massachusetts int	roduced	the	following	bill;	which	was	referred
	to the Committee on						_	

## A BILL

To amend the Public Health Service Act to reauthorize a grant program for screening, assessment, and treatment services for maternal mental health and substance use disorders, and for other purposes.

- 1 Be it enacted by the Senate and House of Representa-
- 2 tives of the United States of America in Congress assembled,
- 3 SECTION 1. SHORT TITLE.
- 4 This Act may be cited as the "Into the Light for Ma-
- 5 ternal Mental Health and Substance Use Disorders Act
- 6 of 2022" or the "Into the Light for MMH and SUD Act
- 7 of 2022".

## 1 SEC. 2. FINDINGS.

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2	Congress finds the following:
3	(1) Maternal mental health conditions are the
4	most common complications of pregnancy and child-
5	birth, affecting 1 in 5 women or 800,000 women an-
6	nually, during pregnancy or the year following preg-
7	nancy.
8	(2) Maternal mental health and substance use
9	disorders contribute to the high rate of maternal
10	mortality in the United States, with suicide and
11	drug overdose combined being the leading cause of
12	death for women in the first year following preg-
13	nancy.
14	(3) Women who experience racial and economic
15	inequities are 3 to 4 times more likely to be im-
16	pacted by maternal mental health and other behav-
17	ioral health disorders.
18	(4) Untreated maternal mental health condi-
19	tions and substance use disorders can have long-
20	term negative impacts on the mother, baby, family,
21	and society.
22	(5) Mothers with untreated mental health con-
23	ditions during pregnancy are more likely to have
24	poor nutrition and struggle with substance use dis-
25	orders, which can lead to poor birth outcomes for

26

the baby.

1	(6) Untreated maternal mental health condi-
2	tions and substance use disorders can contribute
3	to—
4	(A) impaired parent-child interactions;
5	(B) behavioral, cognitive, or emotional
6	delays in the child; and
7	(C) adverse childhood experiences that can
8	negatively impact the child's life.
9	(7) Untreated maternal mental health condi-
10	tions are estimated to cost the United States econ-
11	omy \$14,000,000,000 or \$32,000 per mother-infant
12	pair every year in addressing poor health outcomes
13	and accounting for lost wages and productivity of
14	the mother.
15	(8) Although the United States Preventive
16	Services Task Force and several national medical or-
17	ganizations encourage health care providers to
18	screen and treat maternal mental health conditions,
19	75 percent of women impacted remain untreated.
20	(9) Frontline providers who care for women
21	during pregnancy and the first year following preg-
22	nancy are often reluctant to screen for maternal
23	mental health conditions, citing lack of education,
24	insurance reimbursement, and resources for affected
25	women.

1	SEC. 3. SCREENING AND TREATMENT FOR A MATERNAL
2	MENTAL HEALTH AND SUBSTANCE USE DIS-
3	ORDERS.
4	(a) In General.—Section 317L-1 of the Public
5	Health Service Act (42 U.S.C. 247b–13a) is amended—
6	(1) in the section heading, by striking "MA-
7	TERNAL DEPRESSION" and inserting "MATER-
8	NAL MENTAL HEALTH AND SUBSTANCE USE
9	<b>DISORDERS</b> "; and
10	(2) in subsection (a)—
11	(A) by inserting ", Indian Tribes and Trib-
12	al Organizations (as such terms are defined in
13	section 4 of the Indian Self-Determination and
14	Education Assistance Act), and Urban Indian
15	organizations (as such term is defined in sec-
16	tion 4 of the Indian Health Care Improvement
17	Act)" after "States"; and
18	(B) by striking "for women who are preg-
19	nant, or who have given birth within the pre-
20	ceding 12 months, for maternal depression"
21	and inserting "for women who are postpartum,
22	pregnant, or have given birth within the pre-
23	ceding 12 months, for maternal mental health
24	and substance use disorders"

1	(b) Application.—Subsection (b) of section 317L—
2	1 of the Public Health Service Act (42 U.S.C. 247b–13a)
3	is amended—
4	(1) by striking "a State shall submit" and in-
5	serting "an entity listed in subsection (a) shall sub-
6	mit"; and
7	(2) in paragraphs (1) and (2), by striking "ma-
8	ternal depression" each place it appears and insert-
9	ing "maternal mental health and substance use dis-
10	orders".
11	(c) Priority.—Subsection (c) of section 317L-1 of
12	the Public Health Service Act (42 U.S.C. 247b–13a) is
13	amended—
14	(1) by striking "may give priority to States pro-
15	posing to improve or enhance access to screening"
16	and inserting the following: "shall give priority to
17	entities listed in subsection (a) that—
18	"(1) are proposing to create, improve, or en-
19	hance screening, prevention, and treatment";
20	(2) by striking "maternal depression" and in-
21	serting "maternal mental health and substance use
22	disorders";
23	(3) by striking the period at the end of para-
24	graph (1), as so designated, and inserting a semi-
25	colon; and

1	(4) by inserting after such paragraph (1) the
2	following:
3	"(2) are currently partnered with, or will part-
4	ner with, a community-based organization to address
5	maternal mental health and substance use disorders;
6	"(3) are located in an area with high rates of
7	adverse maternal health outcomes or significant
8	health, economic, racial, or ethnic disparities in ma-
9	ternal health and substance use disorder outcomes;
10	and
11	"(4) operate in a health professional shortage
12	area designated under section 332.".
13	(e) Use of Funds.—Subsection (d) of section
14	317L–1 of the Public Health Service Act (42 U.S.C.
15	247b-13a) is amended—
16	(1) in paragraph (1)—
17	(A) in subparagraph (A), by striking "to
18	health care providers; and" and inserting "on
19	maternal mental health and substance use dis-
20	order screening, brief intervention, treatment
21	(as applicable for health care providers), and
22	referrals for treatment to health care providers
23	in the primary care setting and nonclinical
24	perinatal support workers;";

1	(B) in subparagraph (B), by striking "to
2	health care providers, including information on
3	maternal depression screening, treatment, and
4	followup support services, and linkages to com-
5	munity-based resources; and" and inserting "on
6	maternal mental health and substance use dis-
7	order screening, brief intervention, treatment
8	(as applicable for health care providers) and re-
9	ferrals for treatment, followup support services,
10	and linkages to community-based resources to
11	health care providers in the primary care set-
12	ting and clinical perinatal support workers;
13	and";
14	(C) by adding at the end the following:
15	"(C) enabling health care providers (such
16	as obstetrician-gynecologists, nurse practi-
17	tioners, nurse midwives, pediatricians, psychia-
18	trists, mental and other behavioral health care
19	providers, and adult primary care clinicians) to
20	provide or receive real-time psychiatric con-
21	sultation (in-person or remotely), including
22	through the use of technology-enabled collabo-
23	rative learning and capacity building models (as
24	defined in section 330N), to aid in the treat-

1	ment of pregnant and postpartum women;
2	and"; and
3	(2) in paragraph (2)—
4	(A) by striking subparagraph (A) and re-
5	designating subparagraphs (B) and (C) as sub-
6	paragraphs (A) and (B), respectively;
7	(B) in subparagraph (A), as redesignated,
8	by striking "and" at the end;
9	(C) in subparagraph (B), as redesig-
10	nated—
11	(i) by inserting ", including" before
12	"for rural areas"; and
13	(ii) by striking the period at the end
14	and inserting a semicolon; and
15	(D) by inserting after subparagraph (B),
16	as redesignated, the following:
17	"(C) providing assistance to pregnant and
18	postpartum women to receive maternal mental
19	health and substance use disorder treatment,
20	including patient consultation, care coordina-
21	tion, and navigation for such treatment;
22	"(D) coordinating with maternal and child
23	health programs of the Federal Government
24	and State, local, and Tribal governments, in-
25	cluding child psychiatric access programs;

1	"(E) conducting public outreach and
2	awareness regarding grants under subsection
3	(a);
4	"(F) creating multi-State consortia to
5	carry out the activities required or authorized
6	under this subsection; and
7	"(G) training health care providers in the
8	primary care setting and nonclinical perinatal
9	support workers on trauma-informed care, cul-
10	turally and linguistically appropriate services,
11	and best practices related to training to im-
12	prove the provision of maternal mental health
13	and substance use disorder care for racial and
14	ethnic minority populations, including with re-
15	spect to perceptions and biases that may affect
16	the approach to, and provision of, care.".
17	(f) Additional Provisions.—Section 317L-1 of
18	the Public Health Service Act (42 U.S.C. 247b–13a) is
19	amended—
20	(1) by redesignating subsection (e) as sub-
21	section (h); and
22	(2) by inserting after subsection (d) the fol-
23	lowing:
24	"(e) Technical Assistance.—The Secretary shall
25	provide technical assistance to grantees and entities listed

- 1 in subsection (a) for carrying out activities pursuant to
- 2 this section.
- 3 "(f) Dissemination of Best Practices.—The
- 4 Secretary, based on evaluation of the activities funded
- 5 pursuant to this section, shall identify and disseminate
- 6 evidence-based or evidence-informed best practices for
- 7 screening, assessment, and treatment services for mater-
- 8 nal mental health and substance use disorders, including
- 9 culturally and linguistically appropriate services, for
- 10 women during pregnancy and 12 months following preg-
- 11 nancy.
- 12 "(g) Matching Requirement.—The Federal share
- 13 of the cost of the activities for which a grant is made to
- 14 an entity under subsection (a) shall not exceed 90 percent
- 15 of the total cost of such activities.".
- 16 (g) Authorization of Appropriations.—Sub-
- 17 section (h) of section 317L-1 (42 U.S.C. 247b-13a) of
- 18 the Public Health Service Act, as redesignated, is further
- 19 amended—
- 20 (1) by striking "\$5,000,000" and inserting
- 21 "\$24,000,000"; and
- 22 (2) by striking "2018 through 2022" and in-
- 23 serting "2023 through 2028".

1	SEC. 4. MATERNAL MENTAL HEALTH HOTLINE.
2	Part P of title III of the Public Health Service Act
3	(42 U.S.C. 280g et seq.) is amended by adding at the end
4	the following:
5	"SEC. 399V-7. MATERNAL MENTAL HEALTH HOTLINE.
6	"(a) In General.—The Secretary shall maintain, di-
7	rectly or by grant or contract, a national hotline to provide
8	emotional support, information, brief intervention, and
9	mental health and substance use disorder resources to
10	pregnant and postpartum women at risk of, or affected
11	by, maternal mental health and substance use disorders,
12	and to their families or household members.
13	"(b) REQUIREMENTS FOR HOTLINE.—The hotline
14	under subsection (a) shall—
15	"(1) be a 24/7 real-time hotline;
15 16	"(1) be a 24/7 real-time hotline; "(2) provide voice and text support;
16	"(2) provide voice and text support;
16 17	"(2) provide voice and text support; "(3) be staffed by certified peer specialists, li-
16 17 18	"(2) provide voice and text support; "(3) be staffed by certified peer specialists, licensed health care professionals, or licensed mental
16 17 18 19	"(2) provide voice and text support; "(3) be staffed by certified peer specialists, licensed health care professionals, or licensed mental health professionals who are trained on—
16 17 18 19 20	"(2) provide voice and text support;  "(3) be staffed by certified peer specialists, licensed health care professionals, or licensed mental health professionals who are trained on—  "(A) maternal mental health and sub-
16 17 18 19 20 21	"(2) provide voice and text support;  "(3) be staffed by certified peer specialists, licensed health care professionals, or licensed mental health professionals who are trained on—  "(A) maternal mental health and substance use disorder prevention, identification,
<ul><li>16</li><li>17</li><li>18</li><li>19</li><li>20</li><li>21</li><li>22</li></ul>	"(2) provide voice and text support;  "(3) be staffed by certified peer specialists, licensed health care professionals, or licensed mental health professionals who are trained on—  "(A) maternal mental health and substance use disorder prevention, identification, and intervention; and
16 17 18 19 20 21 22 23	"(2) provide voice and text support;  "(3) be staffed by certified peer specialists, licensed health care professionals, or licensed mental health professionals who are trained on—  "(A) maternal mental health and substance use disorder prevention, identification, and intervention; and  "(B) providing culturally and linguistically

1	to meet the needs of underserved populations, indi-
2	viduals with disabilities, and family and household
3	members of pregnant or postpartum women at risk
4	of experiencing maternal mental health and sub-
5	stance use disorders.
6	"(c) Additional Requirements.—In maintaining
7	the hotline under subsection (a), the Secretary shall—
8	"(1) consult with the Domestic Violence Hot-
9	line, National Suicide Prevention Lifeline, and Vet-
10	erans Crisis Line to ensure that pregnant and
11	postpartum women are connected in real-time to the
12	appropriate specialized hotline service, when applica-
13	ble;
14	"(2) conduct a public awareness campaign for
15	the hotline; and
16	"(3) consult with Federal departments and
17	agencies, including the Centers of Excellence of the
18	Substance Abuse and Mental Health Services Ad-
19	ministration and the Department of Veterans Af-
20	fairs, to increase awareness regarding the hotline.
21	"(d) Annual Report.—The Secretary shall submit
22	an annual report to the Congress on the hotline under sub-
23	section (a) and implementation of this section, including—
24	"(1) an evaluation of the effectiveness of activi-
25	ties conducted or supported under subsection (a):

1	"(2) a directory of entities or organizations to
2	which staff maintaining the hotline funded under
3	this section may make referrals; and
4	"(3) such additional information as the Sec-
5	retary determines appropriate.
6	"(e) Authorization of Appropriations.—To
7	carry out this section, there are authorized to be appro-
8	priated \$10,000,000 for each of fiscal years 2023 through
9	2028.".